



Sew You'll Know

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Heritage Fine Fabrics * 120 Main St, Belton * 816-331-1992 * Connie Read, Owner * nickquenum@sbcglobal.net
www.heritagefinefabrics.net * Hours: Tue 10am-7pm, Wed - Fri 10am-5pm, Sat 10am-4pm Closed Sun and Mon

Christmas In July

Santa's Elves (Bobbie, Janet and Truddi) have been busy at Heritage getting fat quarters and panels cut from the new Christmas fabrics. Beginning Tue, **July 8** thru **Aug 2** the Christmas fabrics, panels, books, patterns, charms, jelly rolls and layer cakes will be 20% off. Check the New Arrivals (pg 4) for a listing of the new Christmas fabrics. Also included in this 20% off sale are the new Halloween and Autumn fabrics. Last year's Christmas and Autumn fabrics will be 30% off (yellow dot).

When you enter Heritage you will begin to feel the Christmas spirit even though it may be 100° and sunny outside. The shop will be festive with carols playing, decorations and seasonal scents. And, since Christmas is a time of giving, each sack will have a little present inside.

“Garden Walk” BOM

Details on this new Block of the Month on pg 3.

Quilters Challenge Winners

The judges have judged and the public has voted. Each entry used all of the 48 charms in the 3 Sisters “Shangri-La” pack. Congratulations to all 4 of you! Each of you has a prize at Heritage.

First Place: **Cheryl Hunter** - Entry # 1
Second Place: **Mary Sell** - Entry # 2
Honorable Mention: **Annalou Streiff**, # 3
Annette Kramer, #s 4 & 5
Viewer's Choice: **Cheryl Hunter** - Entry # 1

“Christmas At Bear's Paw Ranch” Trunk Show

Heritage is hosting an Eleanor Burns' trunk show from her book Christmas At Bear's Paw Ranch as part of the Christmas in July celebration. Nine projects, including stockings, wallhangings, quilts, table runner and placemats, will be on display along with copies of her book (20% off).

Eleanor's book is packed full of over 25 projects with step-by-step instructions. A Jolly Jacket for Fido, fun, easy projects for kids, tree decorations including a Yo Yo Garland (use the easy, new Yo Yo makers, 20% off at Heritage), a Teddy Bear, pillows, and much, much more! Also in the book are recipes for entertaining guests, a fun “’Twas the Night Before Christmas”, and stories of Christmas traditions from Eleanor and staff.

Jingle Bell Hop

Eight Missouri quilt shops will be hosting a Jingle Bell Hop in July. These shops are the same shops participating in the 2008 Safari Shop Hop this Fall. It is a new type of “Hop” so I will explain how it works. For 2 days the shops will host a Christmas Open House. Each shop will offer kits for \$20 or under that will make an item that could be given as a gift this Christmas. The kits will vary according to each shop. Most shops will offer goodies for the hoppers and possibly an in-shop prize drawing. The dates for the Jingle Bell Hop are Fri, **Jul 25** and Sat, **Jul 26**. Special Hop hours are Fri, 9-6 and Sat, 9-5. Flyers with the shop names and addresses will be available soon

Gypsy Grippers Are Here!

Upcoming Classes

Class fees are non-refundable unless the class is cancelled by the teacher/shop or if the student cancels at least 1 week prior to the registration deadline. Students receive a class discount of **20%** on fabrics and supplies used for class. It is customary to purchase class fabrics and supplies from the shop offering the class. Heritage thanks you for following this policy so we can continue offering you classes. Preferably, children should not attend the club meetings or classes (unless the child is a student of the class or club member)

Camp Charming

This summer day camp is offered on Sun, **Jul 13** and again Sun, **Aug 3** from 10:00 - 5:00. These workshops are designed for the “camper” to come when they can and leave when they want. The camp is held at Heritage in the classroom. If a camper wants, she may eat lunch outside on the porch. The catered lunch is included in the camp fee of \$70. Also included in this fee are the fabrics for the crib/lap size quilt top. Snacks, games (no singing) and door prizes are a part of each camp. There is minimal cutting as the primary fabrics used are charm squares and the piecing is very easy. A sewing machine is required as well as a good appetite. Only a few openings are left so please let me know as soon as possible if you are interested.

Flower Patch Tote Bag Class

Everybody loves tote bags these days, especially when you make it yourself! It would make a great gift as well. This bag is large enough to be functional, quick and easy to make using charm squares, and is very cute with prairie points and an optional appliquéd flower. The class will be held Thu, **Jul 24**; daytime 1:00-4:00 or evening 6:00-9:00. Registration deadline is Sat, **Jul 19**. Instructor: Mary Nelson. Class fee **with** pattern is \$20.

Log Cabin Wreath Wallhanging Class

This festive wallhanging is made using simple Log Cabin blocks from a pattern by Eleanor Burns. Although the pattern is made using Christmas fabrics, this easy wreath can be made out of other fabrics for every season and holiday! It is pictured hanging above a fireplace, but could also be hung on your front door. The class is scheduled for Tue, **Jul 29**; daytime 11:00-1:00 or evening 6:30-8:30. Registration deadline is Thu, **Jul 24**. Instructor: Bobbie Broockmann. Class fee **with** pattern: \$20.

Quilting 101

Finally a true “beginners” class! If you have been piecing tops for awhile, you will be bored, but if you have a friend that wants to learn let them know about this very basic class. It begins with quilting terminology, moves on to rotary cutting, machine piecing, quilting and binding. Most students make a finished quilt over the 6 weekly, 2 hour sessions. A sewing machine will be required for classes 3 - 6. Both a daytime and evening class are available. Daytime and evening sessions begin Thu, **Aug 7** at 2:00 - 4:00 and again at 6:30-8:30. The class fee is \$75; half is paid at registration with the balance payable before the 1st class. Textbook and supplies are not included in the class fee, but the class discount (20%) will be applied to them. Instructor: Leona Ragsdale. Registration ends Sat, **Aug 2**. Children at least 10 years old that have sewing machine experience are welcome, but must be accompanied by an adult during each session.

Belton Quilt Clubs

All Clubs are open quilting clubs that meet at Heritage, but are independent of the shop. Members range from beginner to advanced. Visitors are always welcome.

Main Street Strippers Quilt Club

The club is scheduled to do a Brown Bag Exchange at the Tue, **Jul 8** meeting at 7:00. The Fat 1/4 Drawing theme is Red, White and Blue.

Stitch 'N Time Gals Quilt Club

There won't be a regular meeting in July. Instead members interested may meet in the Bank of Belton parking lot at 10:00 on Fri, **Jul 18**. The club will be going on a field trip that includes stopping for lunch.

New Evening Club

A new evening quilt club is forming that will meet at Heritage on the fourth Tuesday of the month. The next meeting is scheduled for Tue, **Jul 22** from 5:30 - 7:00.

Block of the Month Clubs

Christmas Joy

The kit for the next 2 rows, "Baskets" and "Poinsettias", will be available Sat, **Jul 12**. The basket handles and flower stems are appliquéd. A free appliqué demo will be provided that morning at 11:00 by Cheryl Hunter. This free demo is just for Christmas Joy members and is not an actual class. The final kit in Sep will include the border and binding fabrics.

Moda University

The final block, # 13, and final finishing kit, which includes a picture of the finished quilt, will be available Wed, **Jul 16**.

Thimleberries Lodge and Lakeside Club

The pattern winners from June were Annette Kramer and Cheryl Ketcher and only one June birthday - Cathy Piepmeier. The next meetings are Tue, **Jul 15** at 11:00 and 7:00. We have enough star blocks now to make the Charity quilt!

New Garden Walk BOM

This new Block of the Month uses the KC Star book, Carolyn's Paper-Pieced Garden. The twelve 10" blocks are historic KC Star blocks from their archives that have been redrafted by Carolyn McCormick to be paper-pieced. There is no registration fee; however, purchase of the book at a 20% discount is required. The monthly block kits will be \$7.50. It will be "pick-up-and-go", but an optional paper-piecing class will be held on the 1st pick-up date, Wed **Aug 20**. The class fee will be \$15. Finishing fabrics will be offered as installments the last half of the year. You must register for this BOM by paying for your first block and the book in advance and paying the class fee, if applicable, by **Aug 13**. Late sign-ups will get their first block and book the next month.

New Christmas Arrivals

“Royal Holiday” by Deb Strain from Moda. Panel and coordinates in royal blue, green and gold. Charms and Layer Cakes.

“12 Days of Christmas” by Nancy Halvorsen from Benartex. Panel and coordinates. Also companion book.

“Birchwood Lane” by Holly Taylor from Moda. Cardinal panel and coordinates. Charms.

“Pom Pom Penguins” by Bonijean from South Sea Imports. Penguin, polar bears and snowmen print with coordinates.

“Woodland Greeting” by Sentimental Studios from Moda. Large scale Cardinal/Holly print, small scale holly print and Layer Cakes.

“Bountiful Blessings” by Laurel Birch from Clothworks. Panel with Christmas objects: stocking, ornament, partridge, etc. plus a Kitty Angel. Also border stripe and various coordinates.

“Cranberry Wishes” by Kansas Troubles from Moda. Bolts plus Charms, Layer Cakes and Jelly Rolls.

“Here Comes Santa” by Tenderberry Stitches from Northcott. Flannel panels in both large and small scale, border stripe and coordinates.

“Isn’t Christmas Jolly” by Mary Engelbreit from Moda. Santa panel with ribbon candy coordinates. Charms and Jelly Rolls.

“Snow Show” by Susan Winget from Benartex. Snowman and village scene panel with “sweater knit” trim in shades of blue, white and lavender.

“Peace on Earth” by 3 Sisters from Moda. World map print and coordinates. Charms, Layer Cakes and Jelly Rolls.

“Merry and Bright” by Sandy Gervais from Moda. Charms only.

“Smores” by Me and My Sister from Moda. Charms and Layer Cakes only.

“Traditions” by Sentimental Studios from Moda. Charms only.

New Halloween and Autumn Arrivals

“Harvest Moon” by Laurie Godin from Northcott. Bright, small scale panel, border stripe and allover leaf print coordinate.

“Maple Leaf Hill” by Kris Lammers from Maywood Studio. Muted pumpkin and leaf panel, border stripe and allover leaf print coordinate.

“Back to Basics” by Pam Dooley will return in the August “Sew You’ll Know”. In it’s place this month I am giving you a Pop Quiz! The answers are on page 6.

1. What do the following refer to: Chain, Feather, Herringbone, Outline?
 - A. Quiltmaking patterns
 - B. Appliqué patterns in popular use from the 1840s - 1860
 - C. Stitches found on Crazy Quilts

2. Foundation blocks are found in which group of patterns?
 - A. Log Cabin, Pineapple, Press Piecing
 - B. Dresden Plate, Sun Bonnet Sue, Rose of Sharon
 - C. School House, Star of Bethlehem, Ocean Waves

3. Who is the inventor of the sewing machine?
 - A. Elias Howe
 - B. Isaac Singer
 - C. Richard Sears

4. Which of the following quilt patterns is not thought of as in vogue in the 1930s?
 - A. Drunkard's Path
 - B. Grandmother's Flower Garden
 - C. Double Wedding Ring
 - D. Dresden Plate

5. What do the following have in common: Echo, Stipple, Meander, Crosshatch?
 - A. Quiltmaking techniques
 - B. Quilting patterns
 - C. Methods of joining patchwork

6. What do these things have in common: Hand of Friendship, Duck's Foot in the Mud, Bear's Paw?
 - A. They are the names of square dance movements.
 - B. They are the titles of Victorian children's stories.
 - C. They are different names for the same patchwork pattern.
 - D. They were popular appliqué patterns during the late 1800s.

7. Which is the color of the month?
 - A. Orange
 - B. Pink
 - C. Brown
 - D. Red

Recipe of the Month

Granola Bars

I love granola bars, but all of the store-bought varieties have peanuts. So, I began making my own. These are very tasty and better for you than the boxed kind. My daughter loves them.

- 2 cups quick cooking oats (not instant)
- ½ cup milled flaxseed*
- ½ cup sliced, slivered or ground almonds
- 3 Tbs. butter, plus more for the pan
- ½ cup packed brown sugar
- ¼ cup honey
- 2 tsp. vanilla
- ½ tsp. coarse kosher salt
- ½ tsp. cinnamon
- ½ cup raisins
- ½ cup shredded coconut

Preheat oven to 350°. Spread oats, flaxseed, and almonds out onto an ungreased cookie sheet in an even layer. Place in oven for 15 minutes, stirring once during baking.

In a large saucepan melt together 3 Tbs., brown sugar, honey, vanilla, salt and cinnamon over medium heat until the brown sugar has dissolved completely. Remove from heat.

Generously butter a 9x13 pan or rimmed cookie sheet. After the oat mixture is finished toasting, turn down the oven to 300° and transfer the oat mixture to the sugar mixture in the saucepan. Add the raisins and coconut and mix well. Spread into the prepared pan and press into an even layer using waxed paper. Bake for 15 minutes. Let the bars cool completely then cut into squares.

* I use Hodgson Mill brand flax seed. It is on the baking aisle with the all natural flours at Price Chopper. You could use sunflower seeds or wheat germ in it's place if desired.

This recipe has been adapted from Alton Brown's Granola Bar recipe..

Dear Recipe of the Month fans,

I am launching a new newsletter. I love sharing recipes so much, that I want to give all home chefs more recipes to try. It is a FREE monthly newsletter that will be delivered via email on the 25th of each month. The newsletter is titled Everyday Occasions. An Everyday Occasion recipe is simple enough for everyday, yet special enough for any occasion. Each newsletter will have several original recipes and ideas to create an everyday meal or special occasion meal. Simply email me your email address to juliebresette@yahoo.com and you will be added to the subscription list. Thanks! Julie Bresette.

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I ask you to receive her in the Lord in a way worthy of the saints and to give her any help she may need from you...
Romans 16:2 Bible verse and recipe provided by Julie Bresette.

Quiz Answers: 1 - C, 2 - A, 3 - A, 4 - A, 5 - B, 6 - C, 7 - A

Quote of the Month

“What dreadful hot weather we have! It keeps me in a continual state of inelegance”. Jane Austen (1775-1817)

Calendar of Events

Jul 4		Heritage Closed for Independence Day Weekend	
Jul 5		Heritage Closed for Independence Day Weekend	
Jul 10		Lunch Bunch	
Jul 10	7:00	Main Street Strippers Quilt Club	pg 3
Jul 12	11:00	Christmas Joy Appliqué Demo & Kit Pick-up	pg 3
Jul 13	10:00-5:00	Thimbleberries “Camp Charming”	pg 2
Jul 15	11:00 & 7:00	Thimbleberries Lodge & Lakeside Club	pg 3
Jul 16		Moda University Block 13/Clue 4 pick-up	pg 3
Jul 18	10:00	Stitch 'n Time Gals Quilt Club Field Trip	pg 3
Jul 19		Registration Deadline for Flower Patch Tote Bag Class	pg 2
Jul 22	5:30-7:00	New Evening Club	pg 3
Jul 24		Registration Deadline for Log Cabin Wreath Class	pg 2
Jul 24	1:00 & 6:00	Flower Patch Tote Bag Class	pg 2
Jul 24	10:00	Newsletter Work Day	
Jul 29	11:00 & 6:30	Log Cabin Wreath Class	pg 2
Aug 2		Registration Deadline for Quilting 101 Class	pg 2
Aug 3	10:00-5:00	Thimbleberries “Camp Charming”	pg 2
Aug 7	2:00 & 6:30	Quilting 101 Class - First Session	pg 2

JULY JAMBOREE

For an extra challenge, find the words where they appear within the newsletter

L Z J C L D P O M Q N S P Y L
 K L A W H T A E R W T I S C F
 Q H A I W C X L X N W P B E C
 J O L L Y A G Z E N Y A Q A A
 M P G O L L H M M G F K U T C
 S O J F V I L L A G E A I F X
 H I O P M L M A R Q T N C B Z
 T O E N A P E A U Y F S K Y X
 R S K T D O N J Y T T A S A T
 A I S U J C M S B R U S N T O
 E N M B H R I E I O Q M I O H
 I L L E B M A M D D C C N H C
 L O V E P D U E L W V E E B E
 Y Q A L F S D I Y W A Q A X J
 E F Y F R T I O N U V M W N Q

AUTUMN MUD
 BELL MOON
 CABIN NINE
 DEMO OCEAN
 EARTH POM
 ECHO QUICK
 FLAX RANCH
 GYPSY SIMPLY
 HOT TRIM
 INSTALLMENTS VILLAGE
 JOLLY WALK
 KANSAS WREATH
 LOVE YEAR

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