



# Sew You'll Know

Vol 5 No 5 Jun 2008

Heritage Fine Fabrics \* 120 Main St, Belton \* 816-331-1992 \* Connie Read, Owner \* nickquenum@sbcglobal.net  
www.heritagefinefabrics.net \* Hours: Tue 10am-7pm, Wed - Fri 10am-5pm, Sat 10am-4pm Closed Sun and Mon

## Heritage's 4 Year Anniversary.

This year I am planning a month long celebration in June. There will be a drawing at the end of the month for a Gift Basket. Each Sat in June refreshments will be served. The Challenge entries will be on display and from June 14 - June 21 everyone can vote for their favorite for the Viewers' Choice prize.

Every 40<sup>th</sup> customer throughout June will receive 40% off their purchase (excluding club/class kits and fees, and 50% -75% off sale items). Other sale items for the 40<sup>th</sup> customer will be changed to 40% off.

Specials include Charm packs 20%-50% off. Kits 10% off (club/class kits excluded). Fat Quarter Packs 10%. Patterns 20%, and the clearance bolts will be reduced to 75% off if you take the entire bolt.

The newsletter coupon this month is "Make Your Own Deal" for 1/4<sup>th</sup> off (25%) any regular price item (excluding club/class kits and fees).

Thank you so much for your patronage. You are the reason Heritage is still here, so please stop by this month to help us celebrate!

*Lost time is never found again.*

Benjamin Franklin (1706-90)

## Jingle Bell Hop

Eight Missouri quilt shops will be hosting a Jingle Bell Hop in July. These shops are the same shops participating in the 2008 Safari Shop Hop this Fall. It is a new type of "Hop" so I will explain how it works. For 2 days the shops will host a Christmas Open House. Each shop will offer kits for \$20 or under that will make an item that could be given as a gift this Christmas. The kits will vary according to each shop. Most shops will offer goodies for the hoppers and possibly an in-shop prize drawing. The dates for the Jingle Bell Hop are Fri, **Jul 25** and Sat, **Jul 26**. Special Hop hours are Fri, 9-6 and Sat, 9-5. Flyers with the shop names and addresses will be available soon.

## Camp Charming

Its time again for Summer Thimbleberries Camp at Heritage. It will begin sooner and I am adding a third session. The first camp will be Sun, **Jun 29**; again Sun, **Jul 13** and the last camp on Sun, **Aug 3**. The time will remain 10 am to 5 pm. Usually campers are here at 10 and stay until 5, but you may come and go as you wish during this timeframe.

The kits will be virtually pre-cut like last year, using Thimbleberries Charm packs for the center. The project, "Charming Florals", is a VERY easy, small quilt - 44" x 54". That falls within Crib size. It would make a great lap quilt to brighten a housebound person's day or a baby gift. The 3 color choices are light medium in cool or warm tones with lots of floral patterns.

Julie will be providing the lunch again and there will be snacks, games and lots of prizes. The cost for Camp Charming is \$70 and each session is limited to 6 campers. The June and July sessions only have a few spots left; however, all 6 spots are open in Aug.

## **Upcoming Classes**

No classes are scheduled for the month of June.

## **Belton Quilt Clubs**

All Clubs are open quilting clubs that meet at Heritage, but are independent of the shop. Members range from beginner to advanced. Visitors are always welcome.

## **Main Street Strippers Quilt Club**

Connie Hubbard will be doing double-duty presenting both the demo and the program **Jun 10** at 7:00. The Fat 1/4 Drawing theme is White-on-White.

## **Stitch 'N Time Gals Quilt Club**

This Charity Quilt Club will be meeting at the regular time - 10:30 am on the third Friday, **Jun 16**. It will be a work day, which includes: cutting, sewing, pressing, and general assembly of quilt tops for Hope Haven in Harrisonville. The club will also be working on a signature type quilt for women to sign that have found shelter at Hope Haven when they needed it. The May meeting was spent delivering items the club had made the first quarter of the year as well as donated toiletry and other items from Sew You'll Know readers. A letter to the Stitch 'N Time Gals from Hope Haven was received at Heritage shortly after the delivery, which I want to share.

Ladies,

We can't thank you enough for your generous donations last Friday. I didn't even get the sandals, quilts, pillows and the bags you made down to storage before they were gone!

Thanks to you each child in the center that day received a personal quilt and a bag (which many put their quilt in) while the women got neck pillows and bags. I wish I could have shared a picture with you that afternoon - of the 9 children on the living room floor - with their quilts watching a program. You made their day.

Community interest and donations are the ingredients in the success of Hope Haven. Your donations and support construct possibilities; possibilities that mean the world to someone that had to leave everything behind while trying to escape from domestic violence. Caring people like those in your group offer hope and comfort to many women and their families. What an awesome opportunity you are providing for the survivors here at Hope Haven.

Again, your gifts are greatly appreciated by Hope Haven clients, staff and board of directors.

L. T.  
Programs

## **New Evening Club**

A new evening quilt club is forming that will meet at Heritage on the fourth Tuesday of the month. The next meeting is scheduled for Tue, **Jun 24**. If interested please contact Heritage for the meeting time.

## **Block of the Month Clubs**

### **Christmas Joy**

June is an off month for this Row Quilt Club. The kits for the next row, "Baskets", will be available Sat, **Jul 12**. The basket handles are appliquéd, so if you haven't appliquéd before or are apprehensive about it, you may want to attend the free demo provided that morning at 11:00 by Cheryl Hunter. This free demo is just for Christmas Joy members and is not an actual class.

### **Moda University**

Only 2 blocks left! That's right....block 12 and block 13. I've noticed when I tell ladies there are 13 blocks, they really haven't a "clue" how the finished quilts will look. Both quilts, large and small, are completely different. Block 12 and #3 clue finishing kits will be available for pick-up Wed, **Jun 18**.

### **Thimbleberries Lodge and Lakeside Club**

Twelve Star of Hope blocks have been donated for the charity quilt the club is making. Both day and evening groups preferred substituting two more Star rows for the two Flying Geese rows. That means we need 6 more Star blocks. These Star blocks can be made from any Thimbleberries fabric and the piecing directions are in your first quarter pattern "Lakeside Pines". Next, we will need to have a "work day" to put the top together. To be fair to those that work daytime jobs we should schedule either a Saturday or evening session. September seems to be the best month. Please let me know what works best for you at the June or July meetings.

The pattern winners from May were Annette Kramer and Ruby Rinard and only one May birthday - Cheryl Ketcher. The June meetings are on Tue, **Jun 17** at 11:00 am and 7:00 pm. Have you found the color of the month yet? I really tried to hide it better this time.

### **Victory Quilt BOM**

Many of you have inquired if Heritage will offer a Block of the Month using Eleanor Burns' newest book, Victory Quilts. Several years ago we had a BOM using her Egg Money book. Instead of pick-up-and-go there was a monthly meeting on a Saturday. Each block was demonstrated. Let me know if you would be interested in a BOM using this book and if you prefer a monthly club meeting or monthly pick-up-and-go.

## Back to Basics

By Pam Dooley

### Why Grain Lines Matter

Woven fabric has two grain lines: the crosswise grain runs from selvedge to selvedge and the lengthwise grain runs the length of the bolt. Selvedge is the tightly woven edge on two parallel sides of the fabric. The lengthwise grain is the strongest; the crosswise grain has a bit more stretch.

When fabric comes off the loom the grain lines are straight. However, as it is wrapped on the bolt grain lines will often be distorted. Sometimes simply washing fabric will allow the grain lines to “readjust.”

A torn edge across the width of the fabric will always tear on a grain line. By folding the fabric with the selvages together and aligning the torn edge, the fabric will be on grain.

If you don't like torn edges, an alternate way to get the fabric on straight of grain is to fold it with the selvages together. The fold line should be smooth. If it is not slide the top layer to the left or right until the fold is smooth. Once the fold is smooth, cut the end of the length of fabric. This cut edge should be fairly close to being on grain.

Bias is a line 45 degrees from either grain line. Basically that means going diagonally across the grain lines. Bias is very stretchy

If you have made clothing you know that grain lines are important in how the finished garment hangs. Grain lines work somewhat differently for quilters. When you are working with small pieces, being “exactly on grain” (having the straight edge of the piece parallel to a grain line) is not that important. However there are times when grain lines do matter.

When cutting strips across the width of the fabric, if the fabric is not folded on the straight of grain, the strip will be “v” shaped. To correct that, refold the fabric as described above.

The outside edges of each finished block should be on straight grain. If you have bias edges on the outside of your block, it will easily stretch out of shape. Pressing can stretch those edges out of alignment causing a “wavy” edge to the block. The pressure of the presser foot can also stretch a bias edge. If you are joining two pieces where one is bias and the other is on a straight grain, put the straight grain on top. The feed dogs will move the bias edge along smoothly and minimize stretching.

Borders should be cut on the lengthwise grain (the length of the fabric). There is less stretch to the lengthwise grain and the end result will be a smoother edge on the finished quilt.

If you have questions you would like answered in this column, please contact me at [dooleym88@aol.com](mailto:dooleym88@aol.com)

**Recipe of the Month**

**Super Bean Dip**

*This bean dip is really yummy and good for you, much better than store-bought bean dip.*

- 1 15 oz. can northern beans
- 1 carrot, peeled and diced
- 3 cloves garlic, peeled and sliced in half lengthwise
- 2 Tbs. olive oil, divided
- 2 tsp. freshly squeezed lemon juice, about ¼ of a lemon
- 1-1 ½ Tbs. water
- Dash of hot sauce
- 1 Tbs. fresh cilantro leaves
- Kosher salt
- Pepper

Preheat oven to 425°.

Drain and rinse the beans. Place on a towel and gently pat dry. In a medium sized mixing bowl, mix together the beans, diced carrot, garlic and 1 Tbs. olive oil. Spread out onto a cookie sheet. Lightly sprinkle with salt and pepper. Roast in oven for 10-15 minutes or until ingredients just start to brown.

Place the bean mixture, 1 Tbs. water, 1 Tbs. olive oil, lemon juice, hot sauce, and cilantro in a food processor and blend well. If your mixture is too thick for dipping add more water a teaspoon at a time until desired consistency. Taste your dip and add more salt, pepper and/or hot sauce if needed.

This dip can be served right away or kept in the refrigerator until needed. Serve with raw veggies and/or tortilla chips.

Dear Recipe of the Month fans,

I am launching a new newsletter. I love sharing recipes so much, that I want to give all home chefs more recipes to try. It is a FREE monthly newsletter that will be delivered via email. The first issue was sent May 25<sup>th</sup>..

The newsletter is titled Everyday Occasions. An Everyday Occasion recipe is simple enough for everyday, yet special enough for any occasion. Each newsletter will have several original recipes and ideas to create an everyday meal or special occasion meal.

I hope everyone who enjoys my Recipe of the Month page will sign up for this newsletter. Simply email me your email address to juliebresette@yahoo.com and you will be added to the subscription list. Each newsletter will be sent out on the 25<sup>th</sup> of the preceding month. For example, July's newsletter will be in your inbox on June 25<sup>th</sup>. So, if you wish to start receiving the Everyday Occasions newsletter, please send me your email address. I am very excited to share these recipes with you and I look forward to us all having many everyday occasions.

Thanks,  
Julie Bresette

Do you have a cooking or baking question that you need answered? Ask me! I love helping people succeed in the kitchen. Email me at [juliebresette@yahoo.com](mailto:juliebresette@yahoo.com) or leave me a note at Heritage Fine Fabrics.

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Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6

Bible verse and recipe provided by Julie Bresette.

## Quote of the Month

*Is not life a hundred times too short for us to bore ourselves?* Friedrich Nietzsche (1844-1900)

## Calendar of Events

<b>Jun 4</b>	11:00-4:00	Open Sewing	
<b>Jun 10</b>		Lunch Bunch	
<b>Jun 10</b>	7:00	Main Street Strippers Quilt Club	pg 2
<b>Jun 11</b>	11:00-4:00	Open Sewing	
<b>Jun 14</b>		Quilter's Challenge Entries Due	
<b>Jun 17</b>	11:00 & 7:00	Thimbleberries Lodge & Lakeside Club	pg 3
<b>Jun 17</b>		Color of the Month - Green	pg 3
<b>Jun 18</b>		Moda University Block 12/Clue 3 pick-up	pg 3
<b>Jun 18</b>	11:00-4:00	Open Sewing	
<b>Jun 20</b>	10:30	Stitch 'n Time Gals Quilt Club Work Day	pg 2
<b>Jun 24</b>		New Evening Quilt Club	pg 2
<b>Jun 25</b>	11:00-4:00	Open Sewing	
<b>Jun 26</b>	10:00	Newsletter Work Day	
<b>Jun 29</b>	10:00-5:00	Thimbleberries "Camp Charming"	pg 1
<b>Jul 4</b>		<b>Heritage Closed for Independence Day Weekend</b>	
<b>Jul 5</b>		<b>Heritage Closed for Independence Day Weekend</b>	

## JUNE JUMBLE

For an extra challenge, find the words where they appear within the newsletter

Y A B X O I G L H G E Y H C E  
 R R N Z N K T M O E O G L L D  
 J E O X E H N O P E A I G Q S  
 R U V T I E I O P S T N U E Y  
 V C A E C O R L E E I A N G E  
 G S H W N I U F R J R I R Y V  
 Y L Z I H D V S S T P A B F I  
 S T O D L I L W E W I U U O L  
 X O B N I D T R E N R Y G T O  
 T W E L V E P E P S A U C E Z  
 J H J W S U M M A U B M L R B  
 D E E C C U S I C X A M X O L  
 R Y T O R N U X S A J Y R T W  
 O R I C M K X D E C R E B B N  
 E M G U U J S J K X L P X A C

ANXIOUS                      MIX  
 BORE                              NEVER  
 CHILD                            OLIVE  
 DOTS                             PINES  
 EGG                                QUARTER  
 ESCAPE                         RUBY  
 FREE                               SAUCE  
 GEESE                            SUCCEED  
 GRAIN                             TORN  
 HOPPERS                        TWELVE  
 INBOX                            VICTORY  
 JINGLE                             WHITE  
 LOOM                              YUMMY

## Heritage's Fabric Showcase

Moda's "Essential Dots"



"Danielle" by P & B Textiles



"Fossil Fern" \* from Benartex  
25 More Colors



"Hopscotch" \* from Moda  
By Chloe's Closet



*Make Your Own Deal*

**1/4 Off (25%)**

One Regular Price Item  
at

**Heritage Fine Fabrics**  
Excludes club/class kits & fees

Coupon valid one time only and must be  
presented at time of purchase  
Offer Expires June 30, 2008

\* Come by to see more of the collection