



Sew You'll Know

Heritage Fine Fabrics 120 Main St, Belton 816-331-1992 nickquenum@sbcglobal.net Vol 5 No 3 Apr 2008
Connie Read, Owner Hours: Tue 10am-7pm, Wed, Thu, Fri 10am-5pm, Sat 10am-4pm Closed Sun and Mon

New Arrivals at Heritage

Sometimes I get new things in and I don't have time to play with them or read the books or find time to get a sample made of a fabric or pattern. But lately I have taken time to investigate some of them.

One is the **Gypsy Gripper**. Wow! Besides being my favorite color - Purple, it has made my life simpler and safer. Many of you have seen me using it on my ruler at the cutting counter. It takes less pressure to hold the ruler in place and your fingers are not even close to the rotary blade. The only problem with this great notion is that they are currently on back-order. I do have them coming in and can hold one for you.

More patterns from Calico Carriage, designed by Debbie Maddy, have arrived. Many of you have seen the sample of "**Carpenter's Star**" on display. These quilts appear to have diamonds which require "Y" seams, but these easy, unique patterns have neither. Also, many are Fat ¼ Friendly. A sample of the pattern "**Memories**" will be on display soon.

The **Mechanical Chalk Pencil** from Bohin is my all time favorite marking tool now. The pencil is sturdy with an eraser on top. It comes with white chalk that glides smoothly on the fabric. Refills in other colors are available; I have yellow and gray, and it is easy to remove one color from the pencil and insert another. The chalk advances with a click and is always sharp. It is thin enough (9mm) to be easily used with stencils. The markings can be erased using the eraser on the pencil or disappear instantly with water.

"**Simplicity**" **Layer Cakes** from 3 Sisters; also Jelly Rolls and Charm packs from this lovely, soft pastel collection from Moda.

"**T Shirt Quilt**" is the newest pattern in Eleanor Burns' Signature Pattern series. T Shirt quilts are easy to make, especially with Eleanor's step-by-step instructions. These quilts make wonderful gifts for high school or college graduates.

Semi-Annual Bolt Sale

April might bring showers outside, but this rainy month brings the Bolt Sale to Heritage! Beginning Tue, **Apr 1** and running through Sat, **May 3** every displayed bolt will be on sale **20%-60%** off the regular price, with 1 yard minimum cuts. The 10% End-of-Bolt discount will apply with the exception of the bolts on clearance; these will be the bolts marked down to 60% instead of their usual 50%. The bolts are color coded with dots (yes, now the dots mean something) so you will know what the discount is. This sale is a great time to purchase backings as the queen size quilts often require 9 + yards .

Also the Home Decorator bolts will be \$3.00 per yard (no EOB discount) if you take the whole bolt. I only have 13 decorator bolts left. These 54" wide fabrics also make great jackets and purses or totes because the fabrics are heavier.

For those of you that are new to Heritage Fine Fabrics I should explain that I have this month long sale twice each year. It helps me make room for the new fabrics arriving after the Spring and Fall Markets. It also helps all of you to keep the art of quilting alive!

Heritage Quilter's Challenge

More Challengers that ever before are stepping up this year. I only have six charm packs left! Challenge participants purchase at least one 3 Sisters "Shangri-la" charm pack from Heritage. The entry project must use at least part of every one of the 48 squares in the pack and should be no larger than 60" x 60". The entry can be any shape (quilt, tote, runner, pillow, etc.), but must be quilted and complete. An existing pattern may be used or it can be an original idea. The entry must be turned in by **Jun 14**. There will be prizes for 1st and 2nd place winners and also honorable mention prizes for every brave challenger. The challenge began Mar 1, but its not too late to join the fun! Winners will be notified June 22.

Upcoming Classes

Introduction to Machine Quilting

Smaller quilts can be easily quilted on the same machine you use to piece, but many of us are apprehensive to jump in without some instruction. The class on Thu, **Apr 10** is offered both daytime (11:00-1:00) and evening (6:30-8:30); however, the evening session is filled. Jennifer Wharton will guide you in marking and quilting a small project. A sample is on display at the store. A sewing machine is needed along with other supplies - a supply list is available at the shop or if you request I can email it to you. The class fee of \$25 includes a fabric kit. Because the small project needs to be pieced prior to class, please register no later than Apr 3.

Quilt As You Go

In order to quilt your own bed size quilts yourself it definitely helps to quilt it in smaller sections as you build your quilt. This 2 part class, taught by Jennifer Wharton, will be held on Wed, **Apr 16** and **Apr 23**. Both parts are offered either daytime at 11:00-1:00 or evening at 6:30-8:30 (only one eve opening left). Because your fabric for the class needs to be cut beforehand, Jennifer is providing Material Selection Guidelines and a supply list, which I now have at the shop and a sample will be on display soon. She is also available to meet with the student, by appointment, at Heritage to assist in choosing the fabric. The cost for this 2 part class is \$45.

Quilting 201

This follow-up 2 part class to Quilting 101 is scheduled for Tue, **Apr 22** & **Apr 29** at 2:00-4:00 or 6:30-8:30 (only 2 Eve openings left). Both Half-Square and Quarter-Square Triangles will be taught by Leona Ragsdale as students make the Spring Star Tablerunner. A sample is on display at Heritage. Pre-requisite for this class is Quilting 101 or basic machine piecing and rotary cutting experience. Class fee and fabric kit is \$40.

X-Blocks

If you can make a 9 Patch block you can make this very intricate looking, but super easy quilt. Because the quilts look so hard Bobbie Broockmann will teach you the secrets on Tue, **May 6**. Daytime session is 2:30-4:30 and Evening is 6:30-8:30. Class fee is \$20. An X-Block ruler will be required (20% discount when purchased at Heritage when you sign up for class). I'm not sure yet about fabric requirements. More on that later.

Appliqué 101

I know, many of us start to shake at the mention of the "A" word, but teacher Pam Dooley will teach you nine techniques step-by-step in this 3 session class on Wed, **May 7, 14 & 21**. Daytime class is 2:00-4:00; evening is 6:30-8:30. Class fee is \$40. A supply list is available and a sample from Pam is on display at the shop.

Class fees are non-refundable unless the class is cancelled by the teacher/shop or if the student cancels at least 1 week prior to the registration deadline. Students receive a class discount of **20%** on fabrics and supplies used for class. It is customary to purchase class fabrics and supplies from the shop offering the class. Heritage thanks you for following this policy so we can continue offering you classes. Preferably, children should not attend the club meetings or classes (unless the child is a student of the class or club member). It can be very distracting for the adults attending the class or club. The color of the month is Blue.

Belton Quilt Clubs

Both Clubs are open quilting clubs that meet at Heritage. Members range from beginner to advanced. Visitors are always welcome.

Main Street Strippers Quilt Club

Misty Cutright will be presenting a block and technique at the April meeting, Tue, **Apr 8** (its early this month) at the usual time, 7:00. All the blocks for the Charity quilt are due at this time. If you can't make the meeting, please drop off the blocks to Heritage by then. The Fat 1/4 Drawing theme will be Colors of the Rainbow. Submitted by Misty Cutright.

Stitch 'N Time Gals Quilt Club

The club would like to send a special thank you to everyone who brought in coupons, material, backing, etc. It is greatly appreciated. On Fri, **Apr 18**, at 10:30 the club will be bringing in any unfinished projects to sew on or complete for charity. We are going to make it a work day, so bring a lunch or we might go out for lunch. Then in May we will take all the quilts to Hope House. Submitted by Donna Summers

Block of the Month Clubs

Christmas Joy

Hopefully, you are enjoying watching your quilt grow, row by row. April is an "off" month so no kits, but on Sat, **May 10** your next kit, the Tree Row, will be available.

Moda University

Most of you have advised me of your choice of finished size, 64" x 64" or 68" x 89". I will do my best to have the first finishing clue ready for pick-up along with block 10 on Wed, **Apr 16**. The cost for the smaller size will be between \$7.25 and \$6.00 and for the larger size between \$8.50 and \$7.25 depending on your GPA.

Thimbleberries Lodge and Lakeside Club

The next meeting is Tue, **Apr 15**. It might be chaotic during the daytime meeting as the bolt sale will be in full swing so I'm asking you to only bring what you have completed from the 1st quarter for show and tell. Those of you doing the Quarterly Project option will get your 2nd project called Bear Paw Runner. The rest of you will receive kit #4 along with the Bear Paw Runner pattern. At the March meeting I believe the pattern winners were Joanna Martin and Sharon Stella. If I'm wrong please forgive me; I'm working from memory as I failed to write it down. I've tried really hard to hide the color of the month this time.

This page is a new feature for Sew You'll Know readers. Pam has relocated to our area and while chatting one day at the shop we discovered we share more than our love of quilting. We both received our Home Economics degrees from CMSU (now CMU) in Warrensburg at almost the same time. Pam is an accomplished teacher and her first class at Heritage is Appliqué 101 (see page 2).

Back to Basics

By Pam Dooley

The purpose of this column is to inform new quilters and remind experienced quilters of why we do the things we do. I hope it will also allow you to be a more successful and less stressed quilter. There is no magic to being a good quilter; it just takes practice and confidence. And most importantly, you must love doing it.

This month's topic is the quarter-inch seam allowance. There is nothing magical about 1/4 inch. Your seam allowances could just as easily be 1/8 or 3/8. If you had the opportunity to look inside an antique quilt, you will find that the seam allowances are not an exact 1/4 inch. This is a standard that was set when quilt patterns began to be published in the late 1800s and into the early 1900s.

If you want your blocks to be the size specified in the pattern, you will need a consistent 1/4 inch seam allowance. Each sewing machine is different so you need to determine where to align the fabric to get an accurate 1/4 inch seam allowance.

Using three pieces of fabric cut 1 1/2 inch wide (the length should be 2-3 inches) join the strips, sewing what you believe to be a 1/4 inch seam. Press the seam allowances away from the center strip. The center strip should measure 1 inch exactly if your seam allowance is 1/4 inch.

If the center strip is less than one inch, then your seam allowances are more than 1/4 inch; if more than one inch, your seam allowances are less than 1/4 inch. If your sewing machine has more than one needle position, move the needle to the left or right as needed to adjust your seam allowance width. If you can not change the needle position, move the fabric in closer to the needle or away from the needle as needed. Mark the new location with a piece of masking tape on the throat plate of the sewing machine.

Once you have made these adjustments, sew three more 1 1/2 inch strips and re-measure the center strip. You may need to do this several times to get an exact 1 inch center strip. If you were able to move the needle to get an accurate 1/4 inch seam allowance, make a note of the new needle position and remember to adjust the needle position each time you piece a block. If you had to adjust the fabric, mark the new location on the throat plate with tape or a permanent marker. You may find you have a presser foot with a toe the correct width to match this new alignment.

By now at least someone who is reading this column is asking, "Why not just measure the seam allowance with an accurate ruler?" When you have found your accurate 1/4 inch seam allowance, you will find that its measurement is probably less than 1/4 inch. This is because the thread takes up some space in the seam. In reality, we are not worried about the actual measurement of the seam allowance but the measurement of the fabric that is left in the block.

Next month I will discuss the use of cotton fabric versus other fibers. If you have questions you would like answered in this column, please contact me at dooleym88@aol.com

Recipe of the Month

Lemon Loaf Cake

- 1 ½ cups flour
- 1 cup sugar
- 1 tsp. baking powder
- ½ tsp. salt
- 2 eggs
- ½ cup milk
- ½ cup vegetable oil
- Zest of 1 lemon
- Lemon Glaze (recipe follows)

Preheat oven to 350°. Grease and flour a 5"x9" loaf pan and set aside.

In a large bowl, stir together flour, sugar, baking powder, and salt. In small bowl, lightly beat eggs, then whisk in milk, oil, and lemon zest. Add liquid mixture to flour mixture and stir just until blended.

Pour batter into prepared pan. Bake for 40-45 min, or until a toothpick inserted in the center comes out clean.

When the cake is done, use a long skewer to poke numerous holes all the way to the bottom. Prepare Lemon Glaze. Drizzle glaze evenly over cake, let it soak in slowly. Let cool in pan on a rack for 15 minutes, then turn out onto rack and let cool.

Lemon Glaze

- Juice of 1 lemon
- 1/3 cup sugar
- 2 drops yellow food coloring

Stir both ingredients over medium heat in a small saucepan until sugar dissolves. Use while still hot.

This is not one of my original recipes; I have adapted it. I am sorry I do not have the original source.

Don't forget to send me your questions to juliebresette@yahoo.com

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Remember, the sins of some people are obvious, leading them to certain judgment. But there are others whose sins will not be revealed until later. In the same way, the good deeds of some people are obvious. And the good deeds done in secret will someday come to light. 1 Timothy 5:24-25

Bible verse and recipe provided by Julie Bresette.

Quote of the Month

"If I had thought about it, I would not have done the experiment. The literature was full of examples that said you can't do this". Spencer Silver, inventor of the adhesive used on Post-it notes.

Calendar of Events

Apr 1-May 3		Heritage's Semi-Annual Bolt Sale	
Apr 2	11:00-4:00	Open Sewing - Daytime	
Apr 8	7:00	Main Street Strippers Quilt Club	pg 3
Apr 9	11:00-4:00	Open Sewing - Daytime	
Apr 10	11:00 & 6:30	Introduction to Machine Quilting Class	pg 2
Apr 15	11:00 & 7:00	Thimbleberries Lodge & Lakeside Club	pg 3
Apr 16	11:00 & 6:30	Quilt As You Go Class Part 1	pg 2
Apr 16		Open Sewing Cancelled Due To Class	
Apr 16		Moda University Block 10 pick-up	pg 3
Apr 18	10:30	Stitch 'n Time Gals Quilt Club Work Day @ Heritage	pg 3
Apr 22	2:00 & 6:30	Quilting 201 Class Part 1	pg 2
Apr 23	11:00 & 6:30	Quilt As You Go Class Part 2	pg 2
Apr 23		Open Sewing Cancelled Due To Class	
Apr 24	10:00	Newsletter Work Day	
Apr 29	2:00 & 6:30	Quilting 201 Class Part 2	pg 2

April Apprehension

For an extra challenge, find the words where they appear within the newsletter

D Y S T A R F J O Z U H N M Q
P W T E E I U Y O J I B C M E
A O D I B R M K H A Z K H S V
T R M E R I C O Y L E V O L I
C G R A Y A N E W E S S E B L
H S N S G O H A S R T N K L A
Y V P R R I T C P A T O W A P
U Y I A A E C I J S B P O Q P
G B B T R I S O C E T U E W S
J L S E L G N A I R T O K E F
E L E M O N D B E U L C E L K
L D R I Z Z L E O O T R A Q D
Q L F N A Y V H F W G H U H T
T E U H R S H F C E F K I K I
V P B F B X E H D S C C B N X

ALIVE LEMON
CHARITY LOVELY
CLUE MAGIC
COUPONS OFF
DEGREES PATCH
DRIZZLE PAW
ERASER RAINBOW
FIBERS SECRET
FULL STAR
GROW THIN
GYPSY TRIANGLES
HALF WATER
HONORABLE ZEST

Heritage's Fabric Showcase

108 "Wide Quilt Backings

"Heritage" from Henry Glass



Batik from Merrivale



Marble from Moda



"Wee Play" from Moda
Also a Quilt Panel



"Sew That" and "Kiwi Fairy Frost"
from Michael Miller



"Natural Charm" * by Holly Taylor
Also Charms, Layer Cakes & Jelly Rolls



"Springtime Flannel" * from Benartex



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Offer Expires April 30, 2008**

* Come by to see more of the collection